



The
Cotswolds Village
a unique retirement village

Nº: 1936

Newsletter

6th August, 2021

Sunday	8		
Monday	9		
Tuesday	10	1.00pm	* CENSUS NIGHT • Bus to North Turrumurra
Wednesday	11		
Thursday	12		
Friday	13		
Saturday	14		

THIS WEEK'S MENU

Please book at Reception for lunch before 11am & dinner before 4pm

		LUNCH—12 pm	DINNER—6 pm
Sun	8	Roast Chicken	Scrambled Eggs on Toast
Mon	9	Club Sandwiches with Chips	Mild Beef Curry
Tues	10	Prawn & Tomato Risotto	Pork Jägerschnitzel with Creamy Mushroom Sauce
Wed	11	Warm Chicken Salad	Baked Barramundi with Lemon & Avocado Salsa
Thurs	12	Penne Boscaiola	Rump Steak Casserole with Parsley Potatoes
Fri	13	Pumpkin & Fetta Tarts	Beer Battered Fish & Chips
Sat	14	Lambs Fry & Bacon	Chinese Chicken Stir Fry with Special Fried Rice

COMMUNITY COMMUNICATIONS

VILLAGE UPDATE

Please do not leave your home unless you absolutely have to. Please do not have contact with any other household.

Please do not travel out of the area. Order your groceries online or by phone or ask a family member or carer to collect for you. You are only allowed one carer into your home for care and compassionate reasons. No visitors are allowed into the Village unless they are a nominated carer. Visits are limited to one hour in the residents unit or apartment.

If you have any Covid symptoms, get tested and please get vaccinated. Given the speed of spread of the Delta Variant and the concern and action taken by the Government, I ask residents who have not yet received their vaccination, I URGE YOU TO RECONSIDER THAT DECISION GIVEN THE VULNERABILITY TO OTHERS. NO ONE IS SAFE UNTIL WE ARE ALL SAFE.

Please help to keep our Village safe.

1. VACCINATIONS

Everyone should now be fully aware of the important and urgent need to be vaccinated.

The Health Department amended their advice, suggesting that it is of benefit to receive your second jab, prior to the twelve week gap first recommended. Please feel free to discuss the best option for yourself with your GP. Nearest local clinic is at North Turramurra Medical Practice Ph 9449 5000.

2. MEETINGS

The Board of Management resolved that given the Ministerial Orders in place until the end of September, that provide exemptions to the holding of meetings and gatherings, both the Annual Management Meeting and the Annual General Meeting will be held by postal vote rather than by meeting in person.

3. FINAL REMINDER - ABC – Catalyst Program Dancing Opportunity

ABC TV is seeking participants aged 65-78 years of age, who would like to participate in a twelve week program called 'dance for health'. Participants will be required to attend rehearsals in the city weekly from mid-September for twelve weeks.

If anyone is interested you may write to catalyst@abc.net.au with the subject line 'Dance Stars' for further information.

4. Winter Heating Safety Reminder

Hot water bottles, electric blankets and heaters can cause burns and other injuries. Other winter risks come from faulty electrical products that can overheat, give you an electric shock or could potentially cause a fire. Remember to turn heaters off before leaving your unit or going to bed.

5. Help with Shopping

IGA at North Turramurra have offered to assist residents by providing a free delivery for orders over \$50. You can place your order on 9144 3200. Same day delivery for orders placed before 12 noon.

Geoffrey Wolf, General Manager

COMMUNITY COMMUNICATIONS



Census Tuesday 10th August 2021

Every five years, the Australian Bureau of Statistics counts every person and household in Australia. Census data tells us about the economic, social and cultural make-up of the country. Governments and businesses use this information to make decisions about transport, schools, health care, roads and buildings.

You can fill in your form online, on paper but not both. Your family can help you fill in the Census form.

The Census is compulsory. Everyone who is staying in your household on Census night must be included. This includes visitors and babies. As we are in lockdown there should not be any visitors staying in your household except for possibly one carer.

You should complete the Census wherever you are on Census night. If you are away from The Cotswolds on Census night – you will be included on the form for that residence or the hospital will give you a form.

You can be fined if you refuse to complete the Census or submit an incomplete form.

Before 10 August, unit residents will receive their forms and instructions on how to complete the Census.

Census forms for the apartment residents will be handed out on Tuesday 10 August.

Please contact reception if you have any questions.



LOCKDOWN LUCKY RAFFLE

TICKETS DRAW

The winning numbers are

1st prize: Yellow ticket 002

(\$30 massage by Michele)

2nd prize: Red ticket 021

(Dinner or lunch for 2)

Winner: Trudi Graetz

Contact reception to collect your prize vouchers.

Congratulations