



Sunday	4		DUE TO THE CURRENT RESTRICTIONS, ALL ACTIVITIES HAVE BEEN CANCELLED UNTIL 9TH JULY
Monday	5		
Tuesday	6	11.00am 1.00pm	<ul style="list-style-type: none"> • St Ives Shopping bus • St Ives Shopping bus
Wednesday	7	1.00pm	<ul style="list-style-type: none"> • St Ives Shopping Bus
Thursday	8		
Friday	9		
Saturday	10		

THIS WEEK'S MENU

Please book at Reception for lunch before 11am & dinner before 4pm

		LUNCH—12 pm	DINNER—6 pm
Sun	4	Roast Lamb with Mint Jelly	Macaroni Cheese Bake
Mon	5	Pork & Fennel Sausage Rolls with Waldorf Salad	Silverside with Parsley Sauce
Tues	6	Warm Roast Vegetable Salad with Balsamic Glaze	Apricot Chicken with Rice
Wed	7	Seafood Mornay Crepes	Crumbed Lamb Cutlets with Mash Potato (Book for this Dinner by 2pm Monday)
Thurs	8	Vegetable Fritters	Slow Cooked Beef & Casserole
Fri	9	Ricotta, Dill & Asparagus Tart	Battered or Grilled Fish & Chips
Sat	10	Bacon, Egg & Boston Beans with Sourdough Toast	Cottage Pie

COMMUNITY COMMUNICATIONS

VILLAGE UPDATE

ADVICE FROM NSW HEALTH

As from Saturday 24th June to Friday 9th July, Greater Sydney – including the Blue Mountains, Central Coast and Wollongong regions – is in a two-week lockdown in response to NSW's growing COVID-19 outbreak. People in those areas are only able to leave their homes for four reasons: shopping for food or essential goods, medical care (including caring for others on compassionate grounds), outdoor exercise (no groups) or essential work.

The risk of serious illness from COVID-19 increases with age. The rate is higher for those with other serious health conditions or a weakened immune system.

It is mandatory to wear a mask on public transport and indoor settings.

Residents are advised to:

Maintain good hygiene and physical distancing when interacting with other people.

Have the chemist deliver your medicines while staying at home

Have groceries and essential items delivered to your home

Get tested for COVID-19 if you have any symptoms.

We will follow NSW Health guidelines. Regrettably all Village indoor activities are cancelled.

The bus service to St Ives will be maintained.

The Doctors Clinic and Podiatrist will also be available. Residents should arrive just prior to their scheduled appointment to reduce waiting time.

Please be reminded that unit residents may order meals for delivery.

Thank you for your assistance. Please stay safe and help us stay COVID-free.

Geoffrey Wolf
General Manager

STAY COVID SAFE



Level 3 surgical disposable face masks are available for sale at reception for \$10 for a box of 50.



NOTICE TO ALL RESIDENTS AND VISITORS

THE SPEED LIMIT IN THE VILLAGE IS 8 KM/H.

OUR VILLAGE ROAD IS ONE WAY ONLY.

PLEASE BE CAREFUL OF PEDESTRIANS. SLOW DOWN!